

# Thames Valley & Wessex Operational Delivery Networks (Hosted by University Hospital Southampton NHS Foundation Trust)

# THAMES VALLEY & WESSEX NEONATAL OPERATIONAL DELIVERY NETWORK

THAMES VALLEY & WESSEX RETINOPATHY OF PREMATURITY PATHWAY				
Approved by/ on:	Thames Valley & Wessex Neonatal ODN Governance Group 23 <sup>rd</sup> March 2023			
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Authors	Dr Victoria Puddy TV & Wessex Clinical Lead			
Distribution	Thames Valley and Wessex Neonatal Clinical Forums Thames Valley and Wessex Neonatal Network website			
Related documents	UK Screening of retinopathy of prematurity guideline Royal College of Ophthalmology, RCPCH March 2022			
	Retinopathy of prematurity Examination recording form March 2022 RCPCH			
	Screening for retinopathy of prematurity: Information for parents and carers March 2022 RCPCH			
	UK Treating Retinopathy of Prematurity in the UK Clinical Guidelines Summary RCOphth March 2022			
	Treatment for Retinopathy of Prematurity : Information Leaflet for Parents Guardians March 2022 RCOphth			
Implications of race, equality & other diversity duties for this document	This guideline must be implemented fairly and without prejudice whether on the grounds of race, gender, sexual orientation or religion.			

#### 1.0 Aim of Pathway

The aim of the Retinopathy of Prematurity Pathway is to describe the care pathway to be followed once a baby has been identified as meeting screening or treatment thresholds within Thames Valley and Wessex Neonatal Network.

#### 2.0 Scope of Pathways

This pathway applies to all neonatal and maternity units covered by Thames Valley Neonatal Network. This includes the following hospitals:

Thames Valley						
TRUST	Hospital	Designation				
Oxford University Hospitals NHS Foundation Trust	- John Radcliffe Hospital, Oxford	NICU Cardiac				
Buckinghamshire Healthcare NHS Trust	- Stoke Mandeville Hospital, Aylesbury	LNU				
Frimley Health NHS Foundation Trust	- Wexham Park Hospital, Slough	LNU				
Milton Keynes University Hospital NHS Foundation Trust	- Milton Keynes General Hospital	LNU				
Royal Berkshire NHS Foundation Trust	- Reading	LNU				

Wessex						
TRUST	Hospital	Designation				
University Hospital Southampton NHS Foundation Trust	- Princess Anne Hospital	NICU Cardiac Surgical				
Portsmouth Hospitals University NHS Trust	- Queen Alexandra Hospital	NICU				
Dorset County Hospital NHS Foundation Trust	- Dorset County Hospital, Dorchester	SCU				
Hampshire Hospitals NHS Foundation Trust	- Basingstoke and North Hampshire Hospital	LNU				
Hampshire Hospitals NHS Foundation Trust	- Royal Hampshire County Hospital, Winchester	LNU				
Isle of Wight NHS Trust	- St Mary's Hospital	SCU				
University Hospitals Dorset NHS Foundation Trust	- Poole Hospital	LNU				
Salisbury NHS Foundation Trust	- Salisbury District Hospital	LNU				
University Hospitals Sussex NHS Foundation Trust	- St Richard's Hospital, Chichester	SCU				

## 3.0 Background

Retinopathy of prematurity ROP is a developmental retinal vascular disorder that occurs in the retina of preterm infants with incomplete retinal vascularization. Treatment for ROP includes laser or intra ocular injection and is a time critical intervention that prevents progressive deterioration in visual function in preterm infants. It is not a frequently performed procedure. National guidelines RCPCH Screening of Retinopathy of prematurity March 2022 (revised from 2008) state that services should be delivered on a network wide basis. In Wessex and Thames Valley there are two distinct pathways which are described in Appendix 1 and 2 respectively.

# 4.0 Principles

Key principles which have been agreed nationally and are widely accepted include:

- Individual Trusts are responsible for the provision of ROP screening. These should comply with National recommendations for timing. Compliance with screening is audited annually through the NNAP programme.
- Where babies are transferred either before ROP screening is initiated or when it has been started but not completed, it is the responsibility of the referring unit to ensure that the neonatal team in the receiving unit is aware of the need to start or continue ROP screening.
- Infants requiring laser therapy / intraocular injection (anti VEGF) or surgery should be referred to the designated centre, where both surgical, anaesthetic and ITU capacity are available.
- Follow up should be undertaken in accordance with current RCOpth/RCPCH March 2022 guidance included in the TV & Wessex Retinopathy of Screening and Treatment Guidance.

#### 5.0 Appendices

Appendix I: Wessex Retinopathy of Prematurity pathway

Appendix 2: Thames Valley Retinopathy of Prematurity pathway

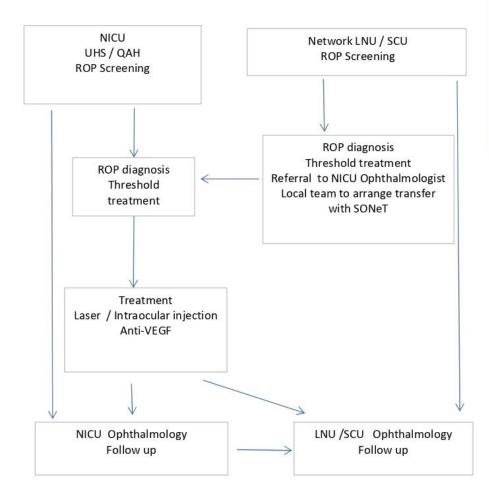
Appendix 3: UHS Retinopathy of Prematurity pathway Appendix 4: QAH Retinopathy of Prematurity pathway

#### **Version Control:**

Version	Date	Details	Author(s)	Comments
1.0	September 2017		Dr Victoria Puddy Dr Eleri Adams	
1.1	August 2018	Amendment for re designation of IOW and new website http	Dr Victoria Puddy Dr Eleri Adams	Ratified in September 2018
1.2	January 2023	Updated with reference to updated RCPCH RCOphth 2022 guidance. No change to pathways		Sent to Clinical Leads in Dec 22  – no comments received.
1.3	March 2023	Changes made to UHS and QAH pathways	Dr Victoria Puddy	P McEwan, Cons Neonatologist Poole C Groves, Cons Neonatologist UHS
Review Date:	March 2026	1		- 1

# **Appendix I: Wessex Retinopathy of Prematurity pathway**

Wessex Retinopathy of Prematurity Pathway



<sup>\*\*</sup> If patient already known to a NICU Ophthalmology team referral back to same team

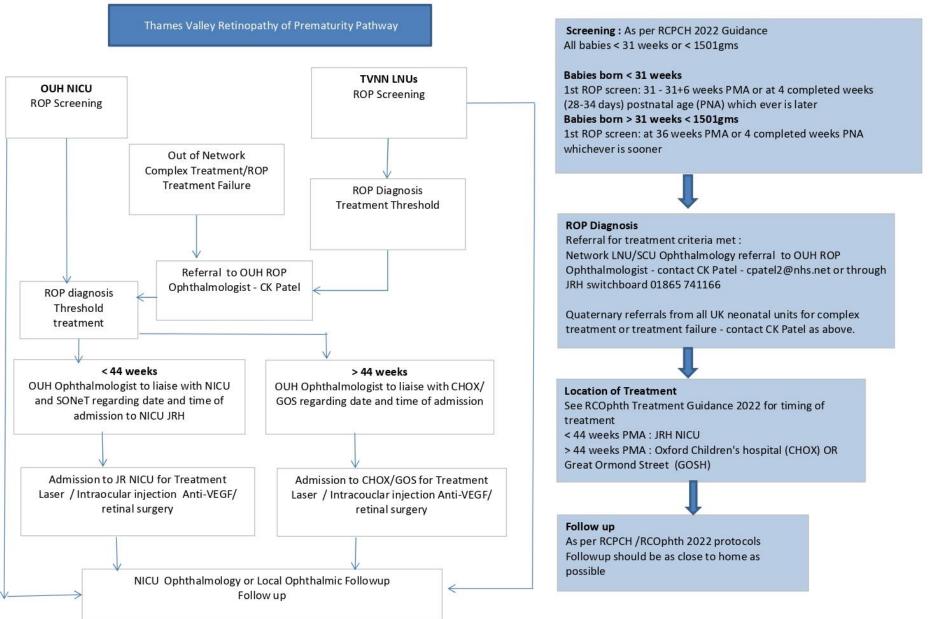
Screening: As per RCPCH 2022 Guidance All babies < 31 weeks or < 1501gms Babies born < 31 weeks 1st ROP screen: 31 - 31+6 weeks PMA or at 4 completed weeks (28-34 days) postnatal age (PNA) which ever is later Babies born > 31 weeks < 1501gms 1st ROP screen: at 36 weeks PMA or 4 completed weeks PNA whichever is sooner **ROP Diagnosis** Referral for treatment criteria met: LNU/SCU Ophthalmology referral for 2nd opinion NICU/ ophthalmology service \*\* UHS referral pathway (HHFT, Poole, Salisbury, Dorchester) QAH referral pathway (Chichester, IOW) **Location of Treatment** See RCOphth Treatment Guidance 2022 for timing of treatment < 44 weeks PMA: UHS NICU >44 weeks PMA: UHS Children's Hospital <44 weeks PMA: QAH NICU > 44 weeks PMA: QAH Ophthalmology Follow up As per RCPCH /RCOphth 2022 protocols

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possible

Followup should be as close to home as

**Appendix 2: Thames Valley Retinopathy of Prematurity pathway** 



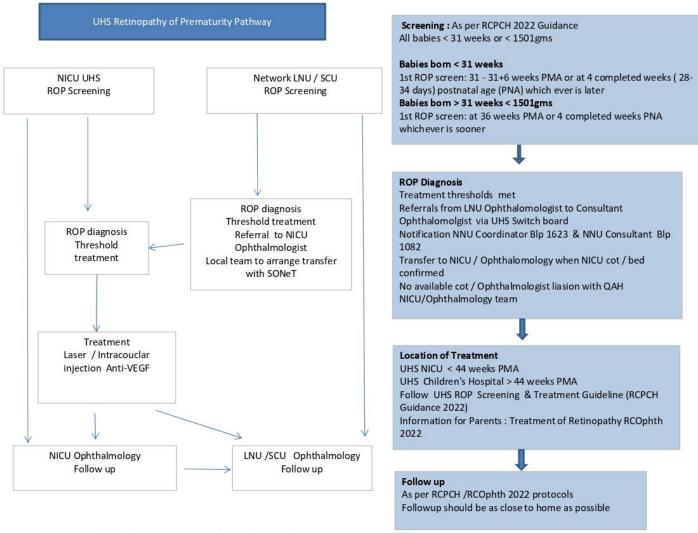
TVW ROP Care Pathway v1.3 Ratified March 2023

Neonatal Generic email: england.tv-w-neonatalnetwork@nhs.net

Neonatal website: www.neonatalnetworkssoutheast.nhs.uk

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# **Appendix 3: UHS Retinopathy of Prematurity pathway**



<sup>\*\*</sup> If patient already known to UHS Opthalomology team referral back to same team

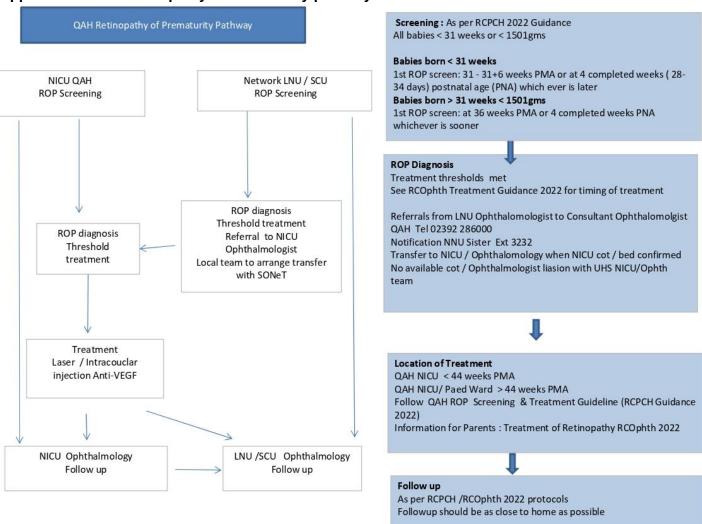
UHS Retinopathy of Prematurity Team / Paediatric Ophtahlmologist Team Kristina May Consultant Paediatric Ophthalmologist Stephanie West Consultant Paediatric Ophthalmologist Eleni Zopounidou eleni.zopounidou@uhs.nhs.uk Hayley Taylor Neonatal ROP Screening Coordinator

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#### Appendix 4: QAH Retinopathy of Prematurity pathway



<sup>\*\*</sup> If patient already known to QAH Opthalomology team referral back to same team

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