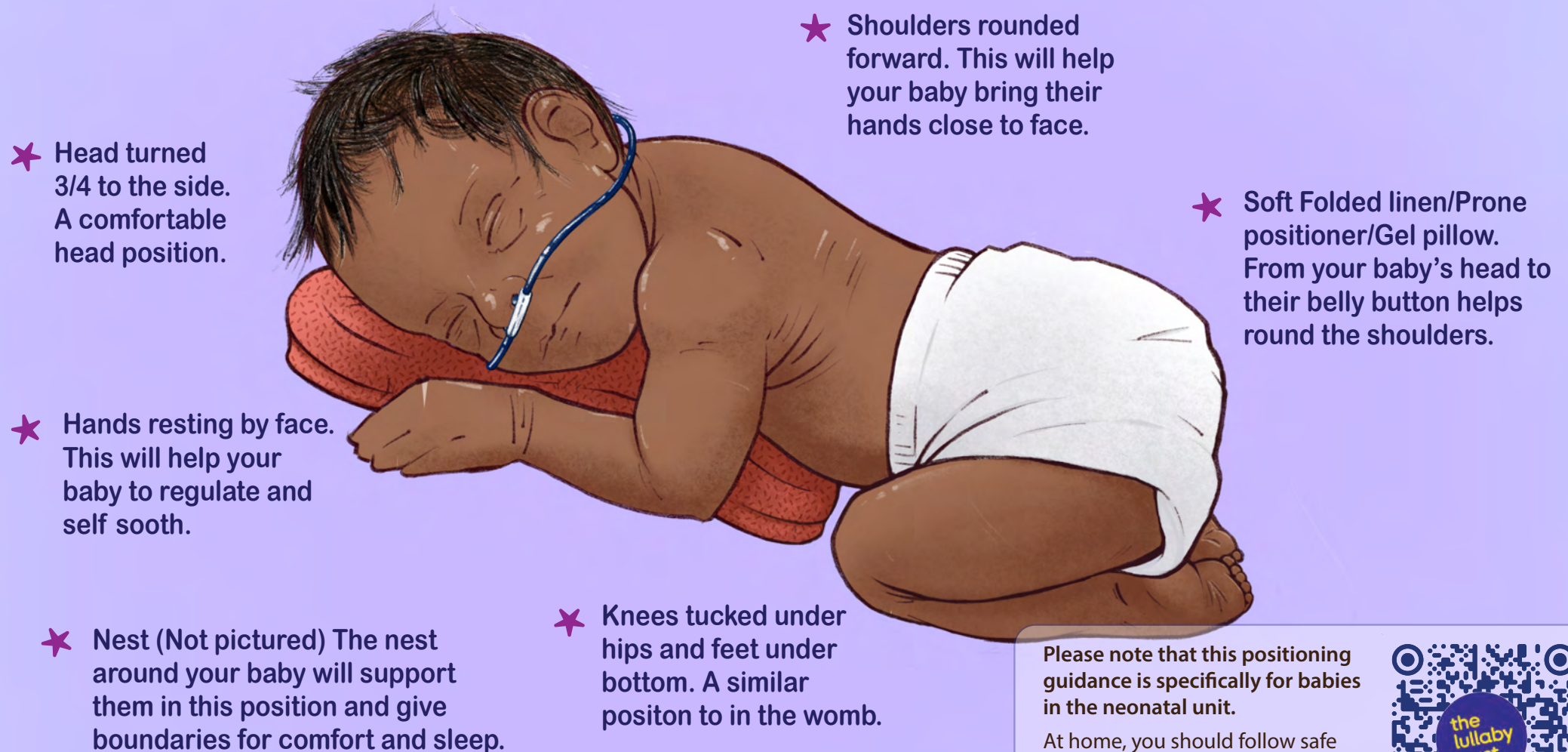


# Supporting your baby on their front

This poster outlines the key principles of positioning your baby on their front in the neonatal unit. Your baby may require individual adjustments for comfort or may naturally move a little into another position they find soothing. Your neonatal team will work with you to ensure your baby is positioned in a way that supports their comfort and development.



Please note that this positioning guidance is specifically for babies in the neonatal unit.

At home, you should follow safe sleep recommendations. For more information, visit the Lullaby Trust website or scan the QR code.

