



CO-DESIGN AND CO-PRODUCTION

THE YEAR IN NUMBERS

10 We met virtually 10 times!

41 Total of 41 members, we welcomed 7 new members

1 We supported 3 MNVPs across 3 trusts with their '15 Steps'

1 We met face to face once in August!

We have 117 Facebook followers

PARENT ADVISORY GROUP
KENT, SURREY AND SUSSEX
NEONATAL NETWORK

We joined UHSussex for an Instagram Live, talking about the PAG!

Our Instagram Page has 163 followers



KSS NEONATAL PARENT ADVISORY GROUP REVIEW OF 2025

It really dawned on me that the nurses really care and are invested in each baby on one of my late night cuddles. It was a really calm night on Oliver Fisher NICU and Richard spoke to all of the babies in the room individually with such kindness and showed that this was more than just a job to him. It was really comforting to us knowing that when we were unable to be there our baby still got cared for so gently.
Vicky, Mummy to Seb



- Sharing our stories...**
- Parent Stories shared at Infuse Training to demonstrate family integrated care
 - One new parent story video created
 - A PAG member spoke at a Transport Training Day
 - A PAG member recorded a piece on IUT transport used for a regional event
 - Quotes and stories around delivering difficult news shared for a training event
 - PAG representation at 3 MNVP listening events across KSS
 - PAG representation at Network FiCare meetings
 - Quotes shared to support a Network presentation about feeding families
 - On our social media we shared stories and experiences to mark:
 - Kangaroo Care Day
 - Breast feeding awareness week
 - NICU Awareness month - series of posts
 - Neonatal Nurses Day
 - World Prematurity Day

World Breastfeeding Awareness Week 2025

- To the Neonatal parents
- To those who tried and had to stop
- To those who never had the chance
- To those who chose another way

- We welcomed lots of visitors to our PAG meetings and were able share our insight to support their work. This included:
- Network Pharmacists for KSS and TV&W Neonatal Networks to discuss Parent Medication Administration Scheme
 - KSS Network Speech and Language Therapy Lead re follow up
 - KSS Network Occupational Therapy Lead re pain management
 - KSS Network Dietitian Lead re Breast Milk Fortifier info for parents
 - KSS Network Occupational Therapy Lead to update on the impact of developmental care videos as they were shared with staff via webinars
 - Consultants and Researchers re research study around circulation

- What will 2026 bring?**
- Continued development of Antenatal project
 - Continued development of PAG induction resources
 - Continue to be a key part in the development of network projects
 - Continue to review current projects to ensure they remain useful to families
 - Continue to share our stories to educate and raise awareness
- Continue to ensure that there is **'Nothing About Us, Without Us!'**